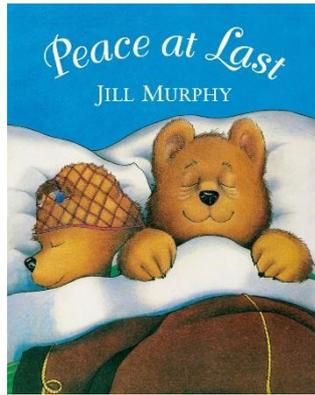


Peace at Last by Jill Murphy



Hear the story being read

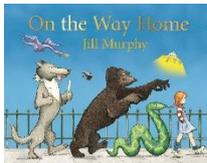
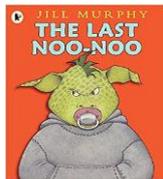
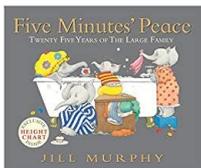
https://www.youtube.com/watch?time_continue=5&v=9U9y35kWBvM&feature=emb_logo

Top Ten Ideas and Activities

1. **Talk about the story.** Talk together about what sounds you hear at night. What could Mr Bear do to have a good night's sleep?
2. **Join in.** Listen to/ Read the story again, and encourage you children to join in with the repeated phrases and sounds. Reading the story again and again helps children to read more of the story themselves and builds their confidence in books and reading.
3. **Storyplay.** Children can use toys to act out the story. It's a really good way for them to get to know the story well and enjoy using story language. They might use some phrases from the book or invent new parts of the story to add to the fun.
4. **Remember the sounds.** Can your child remember all the sounds in the book? Can they do some actions with them?
5. **Play a sound game.** Place mystery noisy objects out of sight. Shake, squeeze, tap, or rattle them in turn to make a noise. See if children can guess what they are. Examples to try include: grains of rice in a small container, bubble wrap, bell, tissue paper, bottle of water, sandpaper, money, hairbrush and comb.
6. **Design a bed.** Children can design the perfect bed for Mr Bear by drawing painting or using collage. They can talk about all the good features they have designed to help Mr Bear sleep.

7. **Go on a listening walk.** What sounds can you hear as you go? Birds singing? Trees rustling? A truck going past? Come home and make a list of what you heard or do some drawings of some of the things you can remember
8. **How many can you do?** Mr Bear was woken up by his loud alarm clock. Set a timer with an alarm after 1 minute. How many jumps can you do? How many hops/claps/knee taps/laps round the garden etc?
9. **Listening around the house.** Go into each room and see what things make a noise in each of the rooms. For example - in the bathroom, the sound of the water out of the bath tap, a flushing toilet, the sound of soap suds on your hands as you wash them.
10. **Nocturnal animals** - Find out about animals that do like the night - owls, foxes, bats etc . Go onto the internet and explore and maybe draw one and label it
<https://www.bbc.co.uk/bitesize/clips/zsshfg8>.

Find more books by author/illustrator Jill Murphy



Five Minutes' Peace

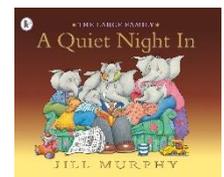
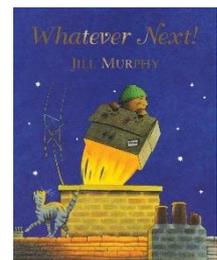
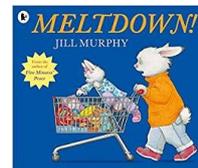
Meltdown

A Quiet Night In

On the Way Home

Whatever Next!

The last Noo-Noo



Find other great stories about bears

We're Going on a Bear Hunt by Michael Rosen -

<https://www.youtube.com/watch?v=Waoa3iG3bZ4>

Just You and Me, Little Bear - Martin Waddell -

<https://www.youtube.com/watch?v=4YXzCsCc2B0>

It's the Bear - Jez Alborough - <https://www.youtube.com/watch?v=4nT7t2Iqmyc>

Goldilocks and the Three Bears - a traditional tale re-told by Jan Brett -

<https://www.youtube.com/watch?v=kQgZXtCGIBI&t=41s>

Brown Bear, Brown Bear, What Do You See? - Bill Marten/Eric Carle -

<https://www.youtube.com/watch?v=WST-B8zQleM>