



Seagrave Village Primary School

Green Lane, Seagrave, Loughborough, Leicestershire, LE12 7LU
Telephone: 01509 812486, E-mail: office@seagrave.bepschools.org



Date: 11/10/2020

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at Seagrave Village Primary School.

Advice for Child to Self-Isolate for 14 Days - Class 2, years 3 and 4 only

Dear Parent or carer,

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) at Seagrave Village School.

We have followed the national guidance and have identified that your child has been in close contact with the affected case. In line with the national guidance, your child must stay at home and self-isolate until 23/10/2020 – this is 14 day after the last contact with the person.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.



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Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Home learning

As your child will be self-isolating we will be expecting them to continue learning through our online learning platform, Microsoft Teams. You can access this using the email address and password in your child's reading diary, the email address ends in @seagravevps.org.



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Following the feedback from the first bubble closure, we will commence the full remote learning from Tuesday 13.10.2020. In the meantime, there is downloadable work on our website under the virtual leaning tab, TTrackstars and Sumdog. Miss Penman would like to invite all children to a short meeting via Teams on Monday 12.10.2020 at 2pm, she will explain how to find the work within Teams and how to hand work in for feedback.

Keeping our children and families, staff and local community safe is our priority. It is vital that we follow government guidance and the advice from the local Public Health England Health Protection Team (PHE HPT). We realise that you may have questions about the situation: if this is the case, please do contact us via klitchfield@seagrave.bepschools.org

Please note that we will not be able to discuss any details relating to the individual case but will do our best to answer any general questions that you may have as promptly as we can.

Thank you for your support in helping to keep everyone at Seagrave Primary School safe.

Yours sincerely,

Kate Litchfield

Headteacher