Curriculum Intent

PSHE/RSE/Citizenship

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|  | **EYFS** | **Year 1/2** | **Year 3/4** | **Year 5/6** |
| **Autumn 1** |  |  |  |  |
| **Implementation (first stage)****CYCLE A** | **Ourselves*** My body parts – naming and labelling
* My school and local area
* Healthy eating

**Circle time**  | **Be yourself** * What makes me special
* Things which make me happy
* Confidence

**Feelings** * Describing feelings
* Uncomfortable feelings

**Circle time** | **Be yourself** * Pride
* Feelings
* Express yourself
* Opinions
* Messages in the media
* Making a mistake right

**Circle time** | **Be yourself** * You are unique
* My thoughts and feelings
* Uncomfortable feelings
* Nervousness
* Making different choices
* Making amends

**Circle time** |
| **Implementation (first stage)****CYCLE B** | **One World** * Family life
* Homes around the world
* Schools around the world
* Different environments

**Circle time** | **One World** * People in different countries
* Opinions
* Discussing lives in different places
* My actions impact other countries
* Climate change
* Charity

**Circle time** | **One World** * Global citizens
* Global warming
* Energy
* Water
* Biodiversity
* Making the world a better place

**Circle time** |
| **Autumn 2** |  | *
 |  |  |
| **Implementation (first stage)****CYCLE A** | **Relationships** * Family
* Friends

**Feelings** * Managing feelings
* Behaving appropriately
* Self confidence
* Self-awareness

**Bonfire** * Fire safety

**Circle time** | **Bonfire** * Fire safety

**Team work** * Together we achieve
* Listening
* Being kind
* Bullying and teasing
* Positive learning
* Making good choices

**Circle time** | **Team work** * Change
* Together we achieve
* Being considerate
* When things go wrong
* Responsibilities

**Circle time** | **Team work** * Together we achieve more
* Communication
* Compromise
* Care
* Sharing responsibilities

**Circle time** |
| **Implementation (first stage)****CYCLE b** | **Bonfire** * Fire safety

**Respecting Rights** * Identifying rights
* Protecting our rights
* Respecting others
* Everybody is different
* Importance of being fair
* Taking part

**Circle time** | **Respecting Rights** * Rights
* Equal rights
* Rules
* Rights without responsibilities
* Respect

**Circle time** | **Respecting Rights** * Our rights
* Do they apply to everyone?
* Are all rights met?
* Do human rights change?
* Human right activists

**Circle time** |
| **Spring 1** |  |  |  |  |
| **Implementation (first stage)****CYCLE A** | **Relationships** * Making relationships / friendships
* Bullying

**Chinese New Year** * Learning about different cultures
* Looking after animals

**Circle time** | **Aiming High** * Our star qualities
* Positive learning attitudes
* Jobs
* Goals
* Changes

**Circle time** | **Aiming High** * Achievements
* Goals
* Jobs and skills
* When I grow up
* No limit

**Circle time** | **Aiming High** * Achieving anything
* Barriers
* My future
* Equal opportunities
* Skills for the world of work
* Steps to achieve my future goals

**Circle time** |
| **Implementation (first stage)****CYCLE B** | **Think Positive** * Think happy, feel happy
* Good choices
* My goals and achievements
* Opinions
* Being thankful

**Circle time** | **Think Positive** * Happy minds
* Thoughts and feelings
* Coping with changes
* Mindfulness
* Managing uncomfortable emotions
* Positive learning

**Circle time** | **Think Positive** * Cognitive triangle
* Impact of positive thinking
* Facing your feelings
* Choices and consequences
* Mindfulness
* Growth mindset

**Circle time** |
| **Spring 2** |  |  |  |  |
| **Implementation (first stage)****CYCLE A** | * Stranger danger
* Our beliefs
* Using our imaginations
* Recognising our emotions

**Circle time** | **Money Matters** * Where does it come from?
* Keeping it safe
* Save or spend?
* Wants or needs?
* Shopping

**Circle time** | **Money Matters** * Ways to pay
* Lending and borrowing
* Priorities
* Advertising
* Keeping track

**Circle time** | **Money Matters** * Retailer influence
* Value of money
* Budgeting
* Borrowing and saving
* Why we need to pay.

**Circle time** |
| **Implementation (first stage)****CYCLE** **B** | **Relationships (VIPs)** * Important people in my life
* Families
* Friends
* Falling out
* Working together

**Circle time** | **Relationships (VIPs)** * Making friends
* Staying friends
* Good friend
* Bullying
* Falling out

**Circle time** | **Relationships (VIPs)** * Importance of family and friends
* Impact of our actions
* Difference of opinion
* Negative influences on my behavior
* Secrets

**Circle time** |
| **Summer 1** |  |  |  |  |
| **Implementation (first stage)****CYCLE A** | **Changes and New Beginnings** * New life – babies
* New life – plants
* Life cycles

**Circle time** | **Britain** * My school
* My community
* Local area
* My country
* British people
* Proud to be British

**Circle time** | **Britain** * Living in Britain
* Democracy
* Laws
* Liberty
* Tolerance and respect
* What does it mean to be British?

**Circle time** | **Britain** * Identities
* Communities
* Respecting the Law
* Local government
* National government

**Circle time** |
| **Implementation (first stage)****CYCLE B** | **Safety First** * Keeping safe
* Safe at home
* Safe outside
* Safe online
* PANTs
* People who can help
* E-safety

**Circle time** | **Safety First** * New responsibilities
* Risks, Hazards, danger
* Under pressure
* Road safety
* Dangerous substances
* E-safety

**Circle time** | **Safety First** * My own safety
* Risks
* Managing pressure
* Emergencies
* E-safety
* Mobile phone and computer safety

**Circle time** |
| **Summer 2** |  | **RSE (See statutory guidance)**  | **RSE (See statutory guidance)** | **RSE (See statutory guidance)****Taught in 2 small groups year groups separate**  |
| **Implementation (first stage)****CYCLE A** | **Safety** * Sun safety
* Road safety

**Changes*** Class changes

**Route to Resilience** **Circle time** | **My body** * Health and wellbeing
* My body parts
* Healthy choices / eating

**Circle time** | **My body** * Healthy bodies
* Importance of sleep
* Hygiene
* Drugs

**Circle time** | **My body** * Body changes
* Getting enough sleep
* Harmful substances
* Body image
* Mental health

**Circle time** |
| **Implementation (first stage)****CYCLE B** | **Growing Up*** We are all different
* Respecting our and other peoples bodies
* Changes from babies
* Getting older

**Circle time** | **Growing up** * Reproductive systems in males and females
* Changes in boys and girls (Puberty)
* Family relationships
* How babies are made

**Circle time** | **Growing up** * Puberty
* Emotional changes
* Types of relationships
* Sexual relationships
* Human reproduction

**Circle time**  |