Curriculum Intent

PSHE/RSE/Citizenship

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|  | **EYFS** | **Year 1/2** | **Year 3/4** | **Year 5/6** |
| **Autumn 1** |  |  |  |  |
| **Implementation (first stage)**  **CYCLE A** | **Ourselves**   * My body parts – naming and labelling * My school and local area * Healthy eating   **Circle time** | **Be yourself**   * What makes me special * Things which make me happy * Confidence   **Feelings**   * Describing feelings * Uncomfortable feelings   **Circle time** | **Be yourself**   * Pride * Feelings * Express yourself * Opinions * Messages in the media * Making a mistake right   **Circle time** | **Be yourself**   * You are unique * My thoughts and feelings * Uncomfortable feelings * Nervousness * Making different choices * Making amends   **Circle time** |
| **Implementation (first stage)**  **CYCLE B** | **One World**   * Family life * Homes around the world * Schools around the world * Different environments   **Circle time** | **One World**   * People in different countries * Opinions * Discussing lives in different places * My actions impact other countries * Climate change * Charity   **Circle time** | **One World**   * Global citizens * Global warming * Energy * Water * Biodiversity * Making the world a better place   **Circle time** |
| **Autumn 2** |  |  |  |  |
| **Implementation (first stage)**  **CYCLE A** | **Relationships**   * Family * Friends   **Feelings**   * Managing feelings * Behaving appropriately * Self confidence * Self-awareness   **Bonfire**   * Fire safety   **Circle time** | **Bonfire**   * Fire safety   **Team work**   * Together we achieve * Listening * Being kind * Bullying and teasing * Positive learning * Making good choices   **Circle time** | **Team work**   * Change * Together we achieve * Being considerate * When things go wrong * Responsibilities   **Circle time** | **Team work**   * Together we achieve more * Communication * Compromise * Care * Sharing responsibilities   **Circle time** |
| **Implementation (first stage)**  **CYCLE b** | **Bonfire**   * Fire safety   **Respecting Rights**   * Identifying rights * Protecting our rights * Respecting others * Everybody is different * Importance of being fair * Taking part   **Circle time** | **Respecting Rights**   * Rights * Equal rights * Rules * Rights without responsibilities * Respect   **Circle time** | **Respecting Rights**   * Our rights * Do they apply to everyone? * Are all rights met? * Do human rights change? * Human right activists   **Circle time** |
| **Spring 1** |  |  |  |  |
| **Implementation (first stage)**  **CYCLE A** | **Relationships**   * Making relationships / friendships * Bullying   **Chinese New Year**   * Learning about different cultures * Looking after animals   **Circle time** | **Aiming High**   * Our star qualities * Positive learning attitudes * Jobs * Goals * Changes   **Circle time** | **Aiming High**   * Achievements * Goals * Jobs and skills * When I grow up * No limit   **Circle time** | **Aiming High**   * Achieving anything * Barriers * My future * Equal opportunities * Skills for the world of work * Steps to achieve my future goals   **Circle time** |
| **Implementation (first stage)**  **CYCLE B** | **Think Positive**   * Think happy, feel happy * Good choices * My goals and achievements * Opinions * Being thankful   **Circle time** | **Think Positive**   * Happy minds * Thoughts and feelings * Coping with changes * Mindfulness * Managing uncomfortable emotions * Positive learning   **Circle time** | **Think Positive**   * Cognitive triangle * Impact of positive thinking * Facing your feelings * Choices and consequences * Mindfulness * Growth mindset   **Circle time** |
| **Spring 2** |  |  |  |  |
| **Implementation (first stage)**  **CYCLE A** | * Stranger danger * Our beliefs * Using our imaginations * Recognising our emotions   **Circle time** | **Money Matters**   * Where does it come from? * Keeping it safe * Save or spend? * Wants or needs? * Shopping   **Circle time** | **Money Matters**   * Ways to pay * Lending and borrowing * Priorities * Advertising * Keeping track   **Circle time** | **Money Matters**   * Retailer influence * Value of money * Budgeting * Borrowing and saving * Why we need to pay.   **Circle time** |
| **Implementation (first stage)**  **CYCLE** **B** | **Relationships (VIPs)**   * Important people in my life * Families * Friends * Falling out * Working together   **Circle time** | **Relationships (VIPs)**   * Making friends * Staying friends * Good friend * Bullying * Falling out   **Circle time** | **Relationships (VIPs)**   * Importance of family and friends * Impact of our actions * Difference of opinion * Negative influences on my behavior * Secrets   **Circle time** |
| **Summer 1** |  |  |  |  |
| **Implementation (first stage)**  **CYCLE A** | **Changes and New Beginnings**   * New life – babies * New life – plants * Life cycles   **Circle time** | **Britain**   * My school * My community * Local area * My country * British people * Proud to be British   **Circle time** | **Britain**   * Living in Britain * Democracy * Laws * Liberty * Tolerance and respect * What does it mean to be British?   **Circle time** | **Britain**   * Identities * Communities * Respecting the Law * Local government * National government   **Circle time** |
| **Implementation (first stage)**  **CYCLE B** | **Safety First**   * Keeping safe * Safe at home * Safe outside * Safe online * PANTs * People who can help * E-safety   **Circle time** | **Safety First**   * New responsibilities * Risks, Hazards, danger * Under pressure * Road safety * Dangerous substances * E-safety   **Circle time** | **Safety First**   * My own safety * Risks * Managing pressure * Emergencies * E-safety * Mobile phone and computer safety   **Circle time** |
| **Summer 2** |  | **RSE (See statutory guidance)** | **RSE (See statutory guidance)** | **RSE (See statutory guidance)**  **Taught in 2 small groups year groups separate** |
| **Implementation (first stage)**  **CYCLE A** | **Safety**   * Sun safety * Road safety   **Changes**   * Class changes   **Route to Resilience**  **Circle time** | **My body**   * Health and wellbeing * My body parts * Healthy choices / eating   **Circle time** | **My body**   * Healthy bodies * Importance of sleep * Hygiene * Drugs   **Circle time** | **My body**   * Body changes * Getting enough sleep * Harmful substances * Body image * Mental health   **Circle time** |
| **Implementation (first stage)**  **CYCLE B** | **Growing Up**   * We are all different * Respecting our and other peoples bodies * Changes from babies * Getting older   **Circle time** | **Growing up**   * Reproductive systems in males and females * Changes in boys and girls (Puberty) * Family relationships * How babies are made   **Circle time** | **Growing up**   * Puberty * Emotional changes * Types of relationships * Sexual relationships * Human reproduction   **Circle time** |