

Spring/ Summer Menu 2023



		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 28.08.23 18.09.23 09.10.23	Option 1	Cheese & Tomato Pizza with Wedges	Beef Lasagne with Garlic Bread	Roast Chicken, Roast Potatoes & Gravy	Quirky Bird BBQ or Lemon & Herb Chicken or Vegan Quorn with Jollof Rice & Salads	Fishfingers with Chips & Tomato Sauce
	Option 2	Crunchy Topped Vegetable Bake with New Potatoes	Wholemeal Vegetable Pasta Bake	NEW Sweet Potato & Spinach Flan with Roast Potatoes		Mexican Bean Roll with Chips & Tomato Sauce
	Vegetables	Mixed Salad Coleslaw	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	NEW Syrup Snap Biscuit	Fruit Jelly with Mandarins	Freshly Chopped Fruit Salad	Iced Vanilla Sponge	Oaty Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two 4.9.23 25.9.23	Option 1	Mac and Cheese Concept A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	Fishfingers or Salmon Fishfingers with Wedges	Cottage Pie with Roast Potatoes	Chicken Curry with Rice	Pork Sausage Hot Dogs with Chips & Tomato Sauce
	Option 2		Vegan Sausage Hot Dog with Potato Wedges	Potato and Courgette Layer Bake	Vegetable Wellington with New Potatoes & Gravy	NEW BEET Burger with Chips & Tomato Sauce
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	Summer Lemon Cake	Chocolate Shortbread	Fruit Medley	Peach Crumble with Cream	Vanilla Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three 11.09.23 2.10.23	Option 1	Tomato & lentil Pasta with Cheese	Spaghetti Bolognese	Roast Pork, Roast Potatoes, Stuffing & Gravy	NEW Greek Chicken Pita with Seasoned Wedges or NEW Spinach & Cheese Parcel with Seasoned Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Lentil & Sweet Potato Curry with Rice	Vegan Spaghetti Bolognese	Vegan Quorn with Stuffing, Roast Potatoes & Gravy		Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad Rainbow Slaw	Peas Baked Beans
	Dessert	Peaches with Ice Cream	Carrot & Courgette Cake	Fruit Platter	Apple Flapjack	NEW Cornflake Tart
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.